

CULTIVATE CHURCH

21 DAYS OF PRAYER

# FOR THE ONE

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## Prayer Guide

AUGUST 30 - SEPTEMBER 19, 2026

PRAY FOR ONE | LOVE ONE | INVITE ONE



FOR THE ONE

# Welcome

For the next 21 days, we are asking every person at Cultivate to identify one person who is not presently connected to our church family and begin praying for them by name.

**We will pray for one.**

**We will love one.**

**We will invite one.**

**We will make room for one.**

Each day includes a suggested fast. This is an invitation, not a test of spirituality. Use wisdom and adapt any food fast according to your health needs. When a food fast is not appropriate, replace it with media or another distraction.

**The goal is not simply to give something up. The goal is to make room for God.**

The written prayers in this guide are meant to prompt authentic, passionate, and bold prayer. Read them slowly, make them personal, and allow the Holy Spirit to lead you beyond the words on the page.



# How to Fast

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*The goal is not simply to give something up. The goal is to make room for God.*

## THE PURPOSE

Fasting is about giving something up for a time in order to seek God more deeply. It is not about proving anything to God or to anyone else. It is an opportunity to remove a distraction and make room to listen.

## THE DAILY FOCUS

Every day in this guide includes a suggested fast. You may follow the rotating plan, choose one consistent fast for all 21 days, or adapt the focus according to your health and responsibilities.

## FOOD ALTERNATIVES

When a food fast is not wise or appropriate, fast from social media, television, streaming, gaming, news, or another distraction that regularly consumes your time and attention.

## WHILE YOU FAST

Use the time you would normally spend eating or consuming media to read the day's verse, pray for your one by name, listen to worship, sit quietly with God, or take the practical step included in the reflection.

## USE WISDOM

Fasting is an invitation, not an obligation. Consult a healthcare professional before making significant dietary changes, and never ignore medical needs.

# How to Pray

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## THE PRAY MODEL

P

### PRAISE

Begin by telling God who He is and why you love Him. Praise His character, power, goodness, mercy, and faithfulness.

R

### RESPOND

Respond to what God has already done. Thank Him for His grace, for answered prayer, and for the ways He is working even when you cannot yet see the result.

A

### ASK

Confess where you have fallen short, receive His forgiveness, and bring your needs before Him. Pray specifically for your one and for the people and situations God places on your heart.

Y

### YIELD

Become still. Listen. Ask the Holy Spirit to search your heart, guide your next step, and help you surrender the outcome to God.



# My One

Ask God to put a name on your mission.

NAME

WHY THIS PERSON IS ON MY HEART

WHAT THEY MAY BE CARRYING

ONE WAY I CAN INTENTIONALLY LOVE THEM

PRAYER NOTES

*Pray for one. Love one. Invite one. Make room for one.*

FOR THE ONE

# Week 1

## See The One

AUGUST 30 - SEPTEMBER 5



# Who Is Your One?

SEE THE ONE

LUKE 15:4

*"Won't he leave the ninety-nine others in the wilderness and go to search for the one that is lost until he finds it?"*

REFLECTION

**Today we begin 21 Days of Prayer: For The One.**

At 10:00 this morning, we will talk about the heart of a shepherd who realizes that one sheep is missing. The shepherd does not dismiss the loss because ninety-nine remain. The one matters enough to search for.

**Before we invite anyone, we are going to ask God to put a name on our mission.**

Jesus never reduced people to numbers. Your one is not a project, an attendance goal, or a name to write on a card. Your one is a person God knows completely, loves deeply, and has already placed within your reach.

Ask God to bring one person to your mind: a friend, family member, neighbor, coworker, classmate, teammate, or parent you regularly see. Do not force a name. Listen. The person who continues coming to mind may be the one God is asking you to carry in prayer for the next 21 days.

**Multiplication does not begin with a crowd.**

**It begins with one.**

FAST FOCUS / DINNER

Fast from dinner today. Use part of the time you would normally spend eating to sit quietly with God. Ask Him to show you your one, write the person's name somewhere you will see it daily, and begin praying.

PRAYER

Father, thank You for seeing me when I was far from You. Thank You for never letting me become invisible, insignificant, or beyond Your reach. As I begin this journey, please begin showing me my one. Show me the one You would have me run after to bring back home, and help me see them through Your eyes. I pray that You would keep me from treating them like a project. Lord, teach me to love them faithfully, pray for them consistently, and trust You with everything that follows. Here I am, God. Send me. Use me to chase after the one. In Jesus' name, amen.

PRAYER NOTES

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# Fully Known

SEE THE ONE

PSALM 139:1

*"O Lord, you have examined my heart and know everything about me."*

REFLECTION

**God already knows your one.**

He knows the parts of their story they openly share and the parts they keep buried. He knows what has disappointed them, what frightens them, what keeps them awake, and what questions they carry about faith.

When we pray, we are not introducing God to someone He has overlooked. We are bringing our hearts into agreement with the God who already sees them completely.

That means our prayers can become more specific. Do not only pray, "God, help them." Pray for their family. Pray for their work. Pray for their health. Pray for the wounds you know about and the ones you do not. Pray for whatever may have shaped their view of God, the Church, and themselves.

**You may only know one chapter of their story.**

**God knows every page.**

FAST FOCUS / BREAKFAST

Fast from breakfast. Before consuming anything else this morning, speak your person's name aloud before God. Ask Him to help you pray for what is happening beneath the surface of their life.

PRAYER

Lord, you know the one you have placed on my heart better than I ever could. You know every burden, every disappointment, every fear, and every unanswered question. Meet them in the places no one else can see. Give me sensitivity toward their story and keep me from making assumptions. Help me pray with compassion, wait patiently, and trust faithfully that you are working in and on their heart at this very moment. Remind them today, even in a small way, that they are seen and that they are not alone. In Jesus' name, amen.

PRAYER NOTES

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# Give Me Compassion



MATTHEW 9:36

*"When he saw the crowds, he had compassion on them because they were confused and helpless, like sheep without a shepherd."*

REFLECTION

Jesus saw more than behavior.

He saw confusion beneath the decisions. He saw helplessness beneath the resistance. He saw people who were wandering, hurting, and trying to find their way without a shepherd.

It is easy to look at someone's life and become critical. It is much harder to slow down long enough to wonder what they have survived, what they have been taught, or what they have never experienced.

Compassion changes the way we pray. It stops us from praying like critics and teaches us to pray like people who remember how desperately we needed grace.

Ask God to remove any judgment, frustration, or superiority from your heart. You do not have to agree with every choice your one makes to recognize that they are deeply loved by God.

Before we can faithfully reach the one, we must learn to see the one the way Jesus does.

FAST FOCUS / MEDIA UNTIL NOON

Step away from social media, news, podcasts, and unnecessary entertainment until noon. Use the quiet to ask God to replace your assumptions about your one with compassion.

PRAYER

Lord, give me Your eyes. Forgive me for the times I have judged people without knowing their story. Remove pride, frustration, and indifference from my heart. Let me see my "one" with compassion as I lift them up in prayer today. Help me recognize the hurt beneath the surface and the need beneath the behavior. Remind me that I did not earn Your grace, and teach me to extend that same grace freely. Make my heart more like Yours. In Jesus' name, amen.

PRAYER NOTES

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# Let There Be Light



2 CORINTHIANS 4:6

*"For God, who said, 'Let there be light in the darkness,' has made this light shine in our hearts."*

REFLECTION

**Your one may carry a distorted picture of God.**

They may associate Him with disappointment, shame, hypocrisy, pressure, or people who failed to represent Him well. They may have questions they have never felt safe enough to ask. They may have experienced church hurt or concluded that God could never want someone like them.

**We cannot argue darkness away.**

**But we can pray for light.**

Pray that God would cut through every lie, misunderstanding, and painful experience that has hidden His heart from them. Pray that they would begin to see Jesus clearly-not merely religion, rules, or the failures of Christians, but Jesus.

**The same God who spoke light into creation can shine light into the darkest and most guarded places of a human heart.**

FAST FOCUS / LUNCH

Fast from lunch. During that time, pray specifically against confusion, spiritual blindness, shame, and every false belief your one may carry about God.

PRAYER

God, let Your light shine into every dark and confused place. Tear down every lie that has distorted the way my one sees You. Father, heal the places where people have misrepresented Your heart. Help them see Jesus clearly, full of truth, compassion, holiness, and grace. Lord, where there is shame, speak freedom. Where there is confusion, bring clarity. Where there is disappointment, reveal Your faithfulness. Let there be light. In Jesus' name, amen.

PRAYER NOTES

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# God Wants Them Home

1 TIMOTHY 2:3-4

*"This is good and pleases God our Savior, who wants everyone to be saved and to understand the truth."*

## REFLECTION

We are not trying to convince a reluctant God to care about our one.

He cared first.

Before their name ever entered your mind, they were already on His heart. Before you began praying, He was already working. Before you considered inviting them, Jesus had already given His life to make a way for them to come home.

That should make us hopeful, but it should also keep us humble.

We are not the Savior. We cannot manufacture faith, force a decision, or change a heart. We simply join God in the work He is already doing.

Pray today with confidence that God desires their salvation even more than you do. Ask Him to draw them, reveal truth to them, and awaken a hunger in them that nothing else can satisfy.

## FAST FOCUS / SWEETS AND SNACKS

Fast from sweets and unnecessary snacks today. Each time you feel the desire for one, use it as a reminder to pray that your one would develop a hunger for God.

## PRAYER

Father, thank You for having such a heart for Your people. Thank You for not only seeing the person I am praying for, but for desiring to see them know Your truth, receive Your grace, and experience new life in Jesus. Lord, draw their heart toward You. Awaken something in their heart that this world cannot satisfy. Use conversations, circumstances, memories, and people to point them to You. Help me trust that You are already working, even when I cannot see it. In Jesus' name, amen.

### PRAYER NOTES

# Open the Door



COLOSSIANS 4:3

*"Pray for us, too, that God will give us many opportunities to speak about his mysterious plan concerning Christ."*

REFLECTION

Open doors often look ordinary.

They may look like a longer-than-usual conversation, a question asked in passing, an unexpected text, a difficult day, or a moment when someone finally admits that they are struggling.

We sometimes miss spiritual opportunities because we are waiting for something dramatic.

Today, ask God to create a natural opening between you and your one. Do not force a sermon into a conversation. Do not manufacture an emotional moment. Simply stay awake to what God may already be arranging.

An open door may give you an opportunity to speak.

It may also give you an opportunity to listen.

Either way, pray that you will recognize it when it comes.

FAST FOCUS / DINNER

Fast from dinner. Use the time to pray for an open door and then consider sending a simple check-in: "You crossed my mind today. How are you doing?"

PRAYER

God, open a door that only You can open. Create a natural opportunity for connection, honesty, and meaningful conversation. Lord, keep me from forcing something You have not asked me to force, but don't let fear cause me to miss the moments You provide. Give me eyes to recognize the opportunity, ears to listen well, and words that reflect Your heart. Make me available to be used by You today. In Jesus' name, amen.

PRAYER NOTES

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# Give Me Wisdom



JAMES 1:5

*"If you need wisdom, ask our generous God, and he will give it to you."*

REFLECTION

Reaching people requires more than good intentions.

We need wisdom.

There will be moments when we need to speak and moments when we need to remain quiet. There will be questions that deserve an answer and pain that simply needs to be heard. There will be opportunities to move forward and moments when love requires patience.

Boldness without wisdom can become pressure.

Wisdom without boldness can become silence.

Ask God to give you both. Pray for sensitivity to the Holy Spirit. Ask Him to show you the next faithful step-not every step you will eventually take, just the one in front of you now.

God is not asking you to have everything figured out.

He is asking you to stay close enough to follow.

FAST FOCUS / SOCIAL MEDIA UNTIL NOON

Stay off social media until noon. Spend at least ten quiet minutes asking God for wisdom concerning your one. After you pray, remain still and listen.

PRAYER

God, I need Your wisdom. Show me when to speak, when to listen, when to act, and when to wait. Keep me from allowing fear to disguise itself as wisdom. Keep me from allowing impatience to disguise itself as boldness. Lord, give me faith to follow Your lead, one step at a time. Give me the right heart, the right words, and the right timing. I trust You to lead me. In Jesus' name, amen.

PRAYER NOTES

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FOR THE ONE

# Week 2

## Love The One

SEPTEMBER 6 - SEPTEMBER 12



# Cross the Road



LUKE 10:33

*"Then a despised Samaritan came along, and when he saw the man, he felt compassion for him."*

REFLECTION

This morning, we move from seeing the one to loving the one.

The Samaritan did more than notice a hurting person. He changed direction. He crossed the road. He allowed compassion to interrupt his schedule, cost him something, and move him toward someone others had passed by.

**Prayer that never moves us toward people is incomplete.**

You have spent a week praying for your one. Now ask God what love should look like. It may be a phone call, a cup of coffee, an encouraging message, a meal, practical help, or simply taking time to listen.

**You do not need to perform a grand gesture.**

You only need to refuse to walk past the person God has placed in your path.

**Compassion does not merely feel.**

**Compassion moves.**

FAST FOCUS / LUNCH

Fast from lunch. Use that time to identify one intentional act of love you can offer your one this week. Put it on your calendar rather than leaving it as a good intention.

PRAYER

Lord, don't let me walk past the person You have placed in my path. Let Your compassion move me beyond good intentions. Show me one practical way I can serve, encourage, or support them this week. Give me a willingness to be interrupted. Make me generous with my time and attention. Help me love in a way that feels genuine because it is genuine. Teach me to cross the road. In Jesus' name, amen.

PRAYER NOTES

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# Love Without an Agenda



JOHN 13:34

*"Just as I have loved you, you should love each other."*

REFLECTION

People can tell when they are being treated like a project.

Our one is not someone to be managed toward a church service. They are someone to be loved.

We are not kind only because September 20 is approaching. We are not building a relationship merely so we can earn the right to make an invitation. We love because Jesus loved us first.

That means our love does not disappear if they decline our invitation. It does not become conditional if they are not interested. And it never keeps score.

A personal invitation should grow out of genuine care, but genuine care must continue regardless of the answer.

Ask God to purify your motives today. Pray that the person on your heart would experience the love of Jesus through you without pressure, manipulation, or hidden conditions.

FAST FOCUS / BREAKFAST

Fast from breakfast. Use the first part of your day to remember how patiently and unconditionally Jesus has loved you.

PRAYER

Father, thank You for loving me with no strings, no pressure, and no hidden conditions. Purify my motives as I love the person You have placed on my heart. Keep me from treating them like a project or measuring the relationship by whether they attend church. Let my love remain steady regardless of their response. Help them experience something of Your patience, kindness, and grace through the way I treat them. In Jesus' name, amen.

PRAYER NOTES



# Listen First



JAMES 1:19

*"You must all be quick to listen, slow to speak, and slow to get angry."*

REFLECTION

Many people do not need us to begin with an answer.

They need us to begin by listening.

Before we try to address someone's questions about God, we should understand what they are actually asking. Before we respond to their beliefs, we should learn how those beliefs were formed. Before we tell them what they need, we should care enough to hear what they have experienced.

Listening communicates dignity.

It says, "Your story matters. Your questions do not scare me. I am not simply waiting for my turn to talk."

Ask your one a genuine question today. Then resist the urge to redirect the conversation, fix every problem, or force it toward Sunday.

Listen for the story behind the words.

FAST FOCUS / MEDIA UNTIL NOON

Fast from media until noon. Let the quiet remind you to become more present. Use some of that time to call, message, or spend time with your one-and listen.

PRAYER

God, make me quick to listen and slow to speak. Forgive me for the times I have cared more about giving an answer than understanding a person. Help me hear the words being spoken and the pain beneath them. Give me patience with questions, honesty about what I do not know, and compassion for experiences different from my own. Lord, let the person on my heart feel heard, valued, and safe with me. In Jesus' name, amen.

PRAYER NOTES

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# Carry One Corner



GALATIANS 6:2

*Share each other's burdens, and in this way obey the law of Christ."*

REFLECTION

**You cannot fix everything your one is carrying.**

**But you may be able to carry one corner of the weight.**

Maybe they need a meal, a ride, help with a project, encouragement before an appointment, or someone who remembers a difficult date. Maybe the most loving thing you can do is check in again after everyone else has stopped asking.

**The law of Christ is fulfilled when we move toward people beneath the weight of life and refuse to let them carry it alone.**

**Do not assume you know what they need. Ask.**

And when they answer, look for one reasonable way to show up.

Small acts of faithfulness can become visible evidence that someone is not forgotten.

FAST FOCUS / DINNER

Fast from dinner. Ask God whether there is a practical burden you can help carry. Use the time or money you would have spent on the meal to serve someone where appropriate.

PRAYER

Father, show me what my one is carrying. Help me feel what is on their heart and on their mind. Give me discernment to recognize what is mine to help with and humility to admit what I cannot fix. Show me one corner of the burden I can carry. Make me dependable, thoughtful, and willing to follow through. Let my actions remind them that they are seen, loved, and not alone. In Jesus' name, amen.

PRAYER NOTES

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# Let Your Life Speak



MATTHEW 5:16

*"Let your good deeds shine out for all to see, so that everyone will praise your heavenly Father."*

REFLECTION

Our invitation carries more weight when our life has already reflected the heart of Jesus.

That does not mean we must be perfect. It means we should be credible.

When we are wrong, we own it. When we hurt someone, we apologize. When we are afraid, we keep trusting. When people disagree with us, we remain kind. When life becomes difficult, we do not pretend-we demonstrate where our hope comes from.

The world does not need more Christians performing perfection.

It needs people honestly living beneath the grace of God.

Ask God to reveal anything in your attitudes, words, or actions that could make it harder for your one to see Jesus clearly. Then surrender it.

Let your light shine-not so people will be impressed by you, but so they can see Him.

FAST FOCUS / SWEETS AND SNACKS

Fast from sweets and unnecessary snacks. Each craving can become a brief prayer: "Jesus, let Your light be visible through me today."

PRAYER

Lord, let my life point people toward You. Show me any attitude, habit, inconsistency, or unresolved offense that is distorting the light You have called me to shine. Give me humility to apologize, courage to change, and grace to live honestly. I don't want people to be impressed by me. I want them to encounter You through the way I speak, work, forgive, serve, and love. Let Your light shine through me. In Jesus' name, amen.

PRAYER NOTES

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# Tell Your Story



1 PETER 3:15

*"If someone asks about your hope as a believer, always be ready to explain it."*

REFLECTION

Your testimony does not have to sound dramatic to be powerful.

You do not need a perfect speech, a theology degree, or answers to every possible question. You simply need honesty about what Jesus has done in your life.

Think about three questions:

What was I carrying before I surrendered this area of my life to Jesus?

How did Jesus meet me?

What is He changing in me now?

Your story is not about how good you became. It is about how good God has been.

And remember, you are still a work in progress. You can speak truthfully about the ways Jesus is changing you without pretending every struggle has disappeared.

People may debate an argument.

They cannot erase the evidence of grace in your life.

FAST FOCUS / LUNCH

Fast from lunch. Use the time to write a simple, 60-second version of your testimony. Keep Jesus at the center and practice saying it naturally.

PRAYER

God, thank You for the ways Your grace has changed my story. Help me remember what You have carried me through and recognize what You are still doing in me. Give me the humility to be honest and the courage to speak when the opportunity comes. Keep my story focused on Jesus rather than on me. Use the evidence of Your grace in my life to give someone else hope. In Jesus' name, amen.

PRAYER NOTES

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# Make Room in Your Life



ROMANS 12:13

*"When God's people are in need, be ready to help them. Always be eager to practice hospitality."*

REFLECTION

Hospitality is bigger than opening your home.

It is opening your life.

It is creating room in your schedule, at your table, in your conversations, and within the normal rhythms of your week. It is giving someone your attention without constantly watching the clock. It is allowing a relationship to become more than passing small talk.

Your one may not need a formal dinner invitation. They may need coffee, a walk, a seat beside you at the ball field, or a phone call that lasts longer than five minutes.

We often say we care about people while leaving no margin to actually be with them.

Ask God to show you where busyness has crowded people out of your life. Then make room.

FAST FOCUS / ENTERTAINMENT THIS EVENING

Fast from television, streaming, gaming, and unnecessary scrolling tonight. Use that time to be fully present with someone or create space for a meaningful conversation.

PRAYER

Lord, forgive me for the times busyness has kept me from being available to those around me. Help me create room in my life for the one You have placed on my heart. Teach me to offer time, attention, and presence without making them feel rushed or inconvenient. Let my life communicate, "There is room for you here." Use ordinary moments to build genuine relationship and trust. In Jesus' name, amen.

PRAYER NOTES

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FOR THE ONE

# Week 3

## Invite The One

SEPTEMBER 13 - SEPTEMBER 19





# Come and See



JOHN 1:46

*"Come and see for yourself," Philip replied.*

REFLECTION

This morning, we begin the final week of For The One.

Philip did not answer every objection Nathanael raised. He did not argue him into agreement. He simply offered an invitation:

**"Come and see."**

You do not need the perfect speech. You do not need to predict every question. You do not need to guarantee what will happen on September 20.

**You can simply say:**

"I'd really love for you to come sit with me at Cultivate next Sunday. Service starts at 10:00, and we're having lunch together afterward. I'll meet you at the door."

Make it personal. Do not only forward a graphic. Let them know that you genuinely want them there and that they will not have to walk into an unfamiliar place alone.

**Our responsibility is to invite.**

**Jesus is responsible for revealing Himself.**

FAST FOCUS / DINNER

Fast from dinner. During that time, pray for courage and extend the invitation if you have not already done so.

PRAYER

Father, give me the courage to say, "Come and see." Remove the pressure I have placed on myself to say everything perfectly. Help me offer a warm, honest, personal invitation. Prepare the heart of my one as I continue praying for them and help me trust You with their answer. I cannot change a heart in my own power, but I can be faithful. Give me courage to take the next step today. In Jesus' name, amen.

PRAYER NOTES

# Courage Over Fear



2 TIMOTHY 1:7

*"God has not given us a spirit of fear and timidity, but of power, love, and self-discipline."*

REFLECTION

Fear likes to write the entire story before the conversation ever happens.

"They will think I am weird."

"They are going to say no."

"This will make things awkward."

"I should wait for a better time."

But courage does not mean certainty that someone will say yes. Courage means obeying God even when no is possible.

**A declined invitation is not a failed invitation.**

**Faithfulness is success.**

Do not let imagined rejection keep you from offering someone a sincere opportunity. You are not demanding an answer, pressuring a friend, or measuring the relationship by attendance. You are simply opening a door.

**Love gives people room to choose.**

**Fear keeps us from ever asking.**

FAST FOCUS / BREAKFAST

Fast from breakfast. Each time fear begins rehearsing a negative outcome, replace it with this truth: "God has given me power, love, and self-discipline."

PRAYER

God, I surrender my fear of rejection, awkwardness, and what someone may think of me. Give me courage rooted in love-not pressure, pride, or anxiety. Help me remember that obedience is success, even when the answer is no or not yet. Let me speak with confidence and kindness, then release the outcome to You. Fear will not make this decision for me. Amen.

PRAYER NOTES

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# Words Full of Grace



COLOSSIANS 4:6

*"Let your conversation be gracious and attractive so that you will have the right response for everyone."*

REFLECTION

**How we invite matters.**

A gracious invitation is personal, clear, and free from pressure. It does not make someone feel guilty. It does not suggest that they are a problem we are trying to solve. It communicates genuine affection:

**"I would love for you to be there."**

Give helpful details. Tell them when service begins. Let them know lunch follows. Offer to meet them outside, help with children's check-in, or save them a seat.

**Then give them room to answer honestly.**

**Grace does not corner people.**

Grace opens the door and leaves the decision in their hands.

Ask God to make your words sound like Jesus today-truthful, warm, patient, and full of grace.

FAST FOCUS / SOCIAL MEDIA UNTIL NOON

Fast from social media until noon. Instead of broadcasting a general invitation, use that time to personally reach out to your one.

PRAYER

Father, fill my words with grace. Keep me from sounding rehearsed, forceful, or impersonal. Let my one hear the love in my voice and the passion in my heart for what You have in store for their life. Give me clarity without pressure and boldness without manipulation. Show me how to make the invitation easier to receive, and give me peace with whatever answer they offer. May my words reflect Your heart. In Jesus' name, amen.

PRAYER NOTES

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# Remove the Barrier



MARK 2:4

*"They couldn't bring him to Jesus because of the crowd, so they dug a hole through the roof above his head."*

REFLECTION

The friends in Mark 2 did more than invite a man to Jesus.

**They carried him.**

And when they encountered a barrier, they found another way.

Your one may be interested but still face practical obstacles. They may be anxious about entering an unfamiliar church. They may not know where to park, what to wear, where their children will go, or whether they will know anyone else. Transportation, work, family responsibilities, or past experiences may make attendance harder than it appears.

Ask, "Is there anything that would make it easier for you to come?"

Offer a ride. Meet them in the parking lot. Walk their children to check-in. Save them a seat. Explain what the morning will look like.

**Sometimes faith looks like prayer.**

**Sometimes faith carries someone around a barrier.**

FAST FOCUS / LUNCH

Fast from lunch. Use that time to identify any practical barrier your one may face and offer one specific way to help.

PRAYER

God, show me any barrier standing between my one and the invitation I have offered. Give me creativity, patience, and a willingness to help. Keep me from assuming that hesitation means rejection. Show me where I can offer a ride, information, reassurance, or simply my presence. Help me make the path easier without applying pressure. Let my faith become evident in the way I love and listen. in Jesus' name, amen.

PRAYER NOTES

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# Release the Outcome



1 CORINTHIANS 3:6

*"I planted the seed in your hearts, and Apollos watered it, but it was God who made it grow."*

REFLECTION

**You are not responsible for producing the result.**

You can pray. You can love. You can invite. You can follow up. But only God can make something grow within a human heart.

**Maybe your one has already said yes.**

**Maybe they are still uncertain.**

**Maybe they declined.**

None of those answers changes your assignment to love them faithfully.

Do not manipulate, pressure, or keep score. Do not assume that a no today means no forever. And do not conclude that your prayers were wasted because the outcome did not happen on your schedule.

**We plant.**

**We water.**

**God gives growth.**

Release the person, the invitation, and September 20 into His hands.

FAST FOCUS / SWEETS AND SNACKS

Fast from sweets and unnecessary snacks. Whenever you feel the desire for one, release the outcome again: "God, I trust You to bring the growth."

PRAYER

Father, I release the outcome to You. Forgive me for the ways I try to control what only You can do. I have prayed, loved, and invited. Now help me trust. Keep my love steady whether the answer is yes, no, or not yet. Continue working in their heart beyond what I can see and beyond September 20. I plant and water, but You bring the growth. Amen.

PRAYER NOTES

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# Welcome Like Jesus



ROMANS 15:7

*"Therefore, accept each other just as Christ has accepted you so that God will be given glory."*

REFLECTION

We have spent nearly three weeks praying for people to come. Now we must prepare to receive them with the same love we have been praying for. Guests can feel when a room is filled with closed circles, insider conversations, and people too busy to notice them. They can also feel when someone is genuinely glad they came. This Sunday, arrive ready to welcome. Leave convenient parking spaces available. Watch for uncertain faces. Help someone find the children's area. Sit with your one rather than disappearing immediately into another conversation. Keep space open at your lunch table.

**The church-wide lunch is not simply food after service.**

**The table is part of the ministry.**

Jesus welcomed us before we knew how to belong. Now we have the opportunity to welcome others in the same way.

FAST FOCUS / ENTERTAINMENT THIS EVENING

Fast from entertainment tonight. Use the time to pray through Sunday morning-from the parking lot and children's check-in to worship, the message, conversations, and lunch.

PRAYER

Father, You welcomed me with grace. Prepare us as a church to welcome our new family members the way You do. Prepare every volunteer, every room, every conversation, and every table. Keep us from becoming distracted by familiar faces while someone new stands alone. Give us eyes to notice, courage to approach, and wisdom to make people feel comfortable without overwhelming them. Let every person who enters feel seen, valued, and genuinely welcomed. In Jesus' name, amen.

PRAYER NOTES



# Heaven Rejoices Over One



LUKE 15:10

*"There is joy in the presence of God's angels when even one sinner repents."*

REFLECTION

Tomorrow, we gather.

For 21 days, we have carried names, prayed specific prayers, opened our lives, offered invitations, and trusted God with the outcome.

Some of our ones are coming.

Some are still deciding.

Some have said no.

But no prayer has been wasted.

God has been working in ways we can see and in ways we cannot. He has also been working in us-teaching us to see people, love people, take spiritual risks, and live with greater awareness of those around us.

Tonight, send a warm confirmation to anyone planning to attend:

"I'm looking forward to seeing you tomorrow. I'll meet you at the door, and we'll sit together. Lunch is right after service."

Then release tomorrow to God.

We are not asking Him merely to fill a room.

We are asking Him to meet people one by one.

FAST FOCUS / SUN-UP TO SUN-DOWN

Fast from food from sun-up to sun-down as your health permits. You may instead fast one meal or all media. Let this final day become an extended prayer for your one, every guest, every volunteer, and everything God desires to do tomorrow.

PRAYER

God, tomorrow belongs to You. We surrender every plan, every seat, every song, every word, every conversation, and every person who walks through the doors. Prepare the heart of my one. Calm their anxiety, remove every obstacle, and meet them personally. Empower our church to welcome people with genuine love. Save the lost, restore the wounded, encourage the weary, and draw people toward Jesus. We have done what we know to do. Now do what only You can do. Let heaven rejoice over one. In Jesus' name, amen.

PRAYER NOTES

PRAY FOR ONE | LOVE ONE | INVITE ONE

# For The One

*"There is joy in the presence of God's angels  
when even one sinner repents."*

LUKE 15:10

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CULTIVATE CHURCH

MULTIPLY 2026